

## **POSITIVE VALUES**

195 When practising Ra'i we should promote the values which the human species considers positive and desirable, and thus in our everyday life we should strive to be (alphabetically):

- aiming for unity with the world
- ambitious (setting our goals high, but realistically high, creating and driving growth)
- aware of our worth, but not conceited
- brave (also in following our own path)
- communicative
- consistent
- courteous
- demanding of ourselves and others
- discreet
- **empathic** - the ability and, above all, the will to amicably understand the other person constitutes the basis of the philosophy/religion of Ra'i
- generous (sharing a large amount of yourself with others)
- hardworking
- helpful
- honest
- honorable
- just
- loyal
- magnanimous
- modest
- noble
- open
- optimistic
- organized
- patient
- punctual
- respecting ourselves and others
- responsible (for ourselves and our surroundings)
- righteous
- setting a positive example to others
- smiling
- strong
- tenacious
- thoughtful
- understanding
- warm
- willing to cooperate

## **NEGATIVE VALUES**

196 When practising Ra'i we should disapprove of the values which the human species considers negative and undesirable. Thus we should definitely reject, and wherever we deem it necessary, revile the following behaviors and attitudes of **ourselves and others** - harming the understanding of the First Principle of Coexistence (alphabetically):

- acerbity
- aggressiveness
- arrogance
- boastfulness
- conceit
- contentiousness
- crassness
- deceitfulness
- despotism
- egotism
- envy
- excessive carelessness
- excessive jealousy
- excessive laziness
- excessive pettiness
- excessive reserve
- excessive selfishness
- greed
- haughtiness
- hostility
- hypocrisy
- idleness - wanting to be supported by others
- inconsideration in understanding the other party's point and feelings
- indifference
- insidiousness
- instability
- irresponsibility
- loudness
- malice
- megalomania
- mendacity
- narcissism
- narrow-mindedness
- predisposition for addictions and addictions themselves
- pretentiousness
- primitivism
- recklessness
- slyness
- superficiality
- unreliability
- vanity
- vulgarity